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# THE EFFECT OF LACTIC ACID AND ARTIFICIAL SALIVA SOLUTION IMMERSION TO THE RELEASE OF CALCIUM IONS ON BIOACTIVE RESIN

## Dewi Puspitasari<sup>1</sup>, Nurah Tajjalia<sup>2</sup>, Diana Wibowo<sup>3</sup>, Agung Satria Wardhana<sup>4</sup>

<sup>1)</sup>Department of Dental Material, Faculty of Dentistry, University of Lambung Mangkurat, Banjarmasin
<sup>2</sup>)Dentistry Study Program, Faculty of Dentistry, University of Lambung Mangkurat, Banjarmasin
<sup>3)</sup>Department of Orthodontics, Faculty of Dentistry, University of Lambung Mangkurat, Banjarmasin
<sup>4)</sup>Department of Dental Material, Faculty of Dentistry, University of Lambung Mangkurat, Banjarmasin

## ABSTRACT

**Background:** Bioactive resin can release calcium ions when contact with solution media, even in acid condition. In the oral cavity, pH may change into acid condition due to the metabolic results of Streptococcus mutans. The bacteria metabolize carbohydrates into organic acids, one of which is lactic acid. **Purpose:** Analyze the effect of lactic acid solution and artificial saliva on the number of the release of calcium ions of bioactive resin. **Methods:** Forty-two specimens (diameter 15 mm x thickness 1 mm; n= 7/group fabricated with Activa<sup>TM</sup> Bioactive Restorative (Pulpdent). The specimens that meet the criteria were divided into 6 groups. The specimen was immersed for 1 and 7 days in the incubator at 37°C. The number of calcium ion release is measured using titration method. **Results:** Two Way Anova test and Post Hoc Bonferonni test showed there were significant differences among all group for lactic acid 1 day (4.040 ± 0.360) µg, artificial saliva 1 day (0.640 ± 0.338) µg, distilled water 1 day (1.040 ± 0.504) µg, lactic acid 7 days (5.400 ± 0.312), artificial saliva 7 days (1.640 ± 0.215) µg, distilled water 7 days (3.520± 0.356 µg). **Conclusion:** There was an influence of lactic acid and artificial saliva on the number of calcium ion releases and artificial saliva decrease the calcium ion release compared to distilled water.

*Keywords:* artificial saliva, bioactive resin, calcium ion release, lactic acid Correspondence: Dewi Puspitasari, Faculty of Dentistry, University of Lambung Mangkurat, Jalan Veteran No 12B, Banjarmasin, Indonesia, email: dewipuspitasari@ulm.ac.id

## **INTRODUCTION**

Dental caries is the most common dental disease and multifactorial disease, caused by the presence of cariogenic bacteria, diet, and the host factor.<sup>1</sup>

Dental caries treatment goals are to restore teeth to a proper form, function, and esthetic appearance, to prevent the recurrence of caries and part of the treatments are to apply restorative materials.<sup>2</sup> One of the most reported causes of restoration failure is secondary caries.3 The carious lesion located at marginal of restoration or caries bound to the restoration or sealant.<sup>4</sup> Secondary caries may form due to the entry of bacteria into the margin of the restoration.<sup>5</sup> Streptococcus mutans is bacteria that commonly responsible for dental cavities, it can metabolize carbohydrates into organic acids, namely lactic acid. which results in

demineralization of tooth structure and marginal of restoration.<sup>6</sup> This acid may decrease pH of the oral cavity characterized by the increase in hydrogen ion concentration. Hydrogen ions may damage enamel hydroxyapatite by diffusing tooth throughout the enamel and dentin pores, thereby triggering demineralization.<sup>7,8</sup> The demineralization process may occur when the pH is less than 5.5 and the pH of the oral cavity after food consuming is range of 5.2-5.5. The pH of the oral cavity will return to normal after 20-30 minutes and the demineralization process in this normal cycle is followed by a remineralization process.9 Remineralization is the process of returning calcium and phosphate mineral ions to form hydroxyapatite crystals on the enamel. The use of restorative materials that can release fluoride ions, calcium ions, and phosphate ions

may contribute to the remineralization of dental tissue, protection against caries, and other dental health problems.<sup>10,11</sup> One of restorative materials that can release fluoride, calcium, and phosphate ions is bioactive resin.<sup>12,13</sup> The release of ions in bioactive composites through the reaction of dimethylacrylic acid-base phosphate and polyacrylic acid.<sup>14</sup> This material releases more phosphate, fluoride and calcium ions than glass ionomer.<sup>15</sup> Restorative materials that can release calcium ions can protect the hard tooth tissue from the effects of acidic foods or drinks consumed and also promote the remineralization.<sup>5</sup> The release of ions are affected by changes in pH.<sup>16</sup> One of the causes of the pH of the oral cavity to decrease to acid is due to the metabolism of Streptococcus mutans.17

The restorative material is in contact with saliva in the oral cavity. The oral environment including salivary pH can affect the properties of bioactive resin including the release of remineralizing ions.<sup>18</sup> Conventional composite resin restoration materials have no role in protecting teeth against secondary caries due to no remineralizing ions. Furthermore, GIC restoration material have the ability to release remineralizing ions but the mechanical properties can not compete the composite resins. Therefore, the use of bioactive resins is expected to increase physical, mechanical properties and the success rate of restoration treatment, especially in terms of the ability to release ions.<sup>19</sup> Bioactive resin released fluoride ions without a burst effect on the first day but the level of fluoride ion release remained relatively constant for a week (7 days).<sup>20</sup> It has not been mentioned in the study of the release of calcium ions from the first day to the seventh day especially in the lactid acid immersion. The purpose of the research is to analyze the effect of lactic acid solution and artificial saliva on the number of release calcium ion bioactive composite resin.

### MATERIALS AND METHODS

The study has approved by the ethical clearance test published by the Faculty of Dentistry, Lambung Mangkurat University No.010/KEPKG-FKGULM/EC/II/2021. The specimens were fabricated using bioactive resin (Activa ™ Bioactive Restorative, Pulpdent), a total of fourty-two specimens, with six treatment groups, each group consisted of seven specimens were prepared using plastic mold with 1 mm diameter and 15 mm thickness according to the ISO 4049 (2000).

The bioactive resin from syringe with two compartments were mixed by extrusion through a spiral nozzle or gun. Each resin was applied on the mold, covered with celluloid strip and glass slide to the top of the mould, then gently pressed to obtain a smooth surface and to remove the excess material. Specimens were light cured with a LED Light Curing Unit with an output of 800 mW/cm2 for 20s on the top of mould surfaces with the tip touching the glass, subsequently stored in incubator for 24 h at 37°C and were prepared for immersion based on the group treatment. The groups are described as follows: (1) immersion on lactid acid solution for 1 day, (2) artificial saliva for 1 day, (3) distilled water for 1 day, (4) lactid acid solution for 7 days, (5) artificial saliva for 7 days, (6) distilled water for 7 days; all immersion media are treated with pH measurement, replaced every day during the research process and stored in incubator with the temperature of 37° C. The pH measurement exhibits lactic acid solution pH 5.2, artifial saliva pH 6.7 and distilled water pH 7.

number of calcium ion release The measurement was conducted by using titration methode. Firstly, the specimen was grinded using mortar to get fine particle and put in a 250 ml beaker which contains of 100 ml distilled water and 3 drops of red methyl then heated until boil. The solution of NH4 -oxalate 0.75 grams was added to 12.5 ml of distilled water and then slowly put into a beaker. the solution is heated at a temperature of 70-80 ° C for 15 minutes. Subsequently, 3 drops of ammonia solution (1:1) are inserted while stirring slowly and the solution is left in heated condition for 1 hour. The precipitate is filtered using filter paper and deposits are washed using distilled water until free from oxalate, subsequently the sediment is rinsed with a solution of sulfuric acid (1:8) into another erlenmeyer. Filter paper is washed with hot distilled water to a volume of 50 ml then the solution is titrated with KMnO4 0.1 N until the color turns pink. Calculation of Ca weight are conducted based on the formula:

#### 0,7056 x vol. KMnO4 x 2,8 mg CaO

Data analysis was carried out with a two-way test ANOVA with a confidence level of 95% ( $\alpha = 0.05$ ) and continued using the Post Hoc Bonferroni test to determine the value of significance.

#### RESULTS

The mean values of the amount of calcium ions release in the bioactive resin are summarized in table 1.

Table 1. The mean and standard deviation of the number of calcium ion releaseof bioactive resin.

Immersion media and time	Mean± SD (µg)
Lactid acid 1 d	$4.040 \pm 0.360^{A}$
Artificial saliva 1 d	$0.640 \pm 0.338^{B}$
Distilled water 1 d	$1.040 \pm 0.504^{\circ}$ C
Lactid acid 7 d	$5.400 \pm 0.312^{\mathrm{D}}$
Artificial saliva 7 d	$1.640 \pm 0.215^{\mathrm{E}}$
Distilled water 7 d	$3.520 \pm 0.356^{F}$

Two Way Annova test

\*Different superscript letters indicate significant differences.

Based on table 1, it can be seen that the highest mean value of calcium ion release was in the group of bioactive resin specimens immersed in lactic acid solution for 7 days, while the group with the lowest mean value was the group of artifial saliva immersion for 1 day.

The results of the Two Way Annova statistical test showed that the significance value of the immersion media group was p = 0.000 (p < 0.05), which means that there was a significant difference in the number of calcium ion release of bioactive resin immersed in lactic acid, artificial saliva and distilled water. The significance value of the immersion time group was p=0.000 (p<0.05), which means that there was a significant difference in the amount of calcium ion release in the bioactive resin that was immersed for 1 and 7 days. The significance value of the immersion media and time was p=0.138 (p>0.05), which means there was no interaction between the immersion media and time. Post Hoc Bonferroni test show that there are significant differences among all group.

### DISCUSSION

In the present study, all groups of bioactive resin immersed in a solution of lactic acid, artificial saliva and distilled water exhibits the release of calcium ions with varying number. The immersion in lactic acid solution group had the highest mean value of calcium ion release among all group. In addition, 7 days immersion group had a higher calcium ion release number than 1 day immersion group. Lactic acid is a carboxylic acid with the molecular formula (CH<sub>3</sub>CHOHCOOH). Lactic acid may dissolve in water and releases protons (H+) to form lactate ions. The ion (H+) will increase in acidic conditions, thereby (OH-) from the material will be released due to binding with H<sup>+</sup> in acid and forms water by the reaction of  $H^++OH^-$  to become  $H_2O$ . Subsequently, the release of OH- from material which will be present in the forms of, namely H<sub>2</sub>PO<sub>4</sub>, H<sub>2</sub>PO<sub>4</sub>, HPO4<sup>2-</sup>, PO4<sup>3-</sup>.H<sub>3</sub>PO4. H<sub>2</sub>PO4<sup>-</sup>, and HPO4<sup>2-</sup>. These compounds cause the resin material to dissolve and calcium release from it.9

One of the factors that play a role in the release of ions is the degree of acidity or pH.<sup>18</sup> Bioactive resins may release more ions at an acidic pH, furthermore, bioactive resins are able to release calcium, fluorine and phosphate ions when in contact with saliva. In the present sudy, lactic acid solution (pH 5.2) is classified as more acidic than artificial saliva (pH 6.7) and distilled water (pH 7). This is result in the number of calcium ion release in the lactic acid immersion group has a higher amount than the artificial saliva and aquadest immersion group. This is in accordance with the state that the lower the pH, the greater the number of ions released.<sup>13</sup>

The group with the lowest number of calcium ion release was the group that was immersed in artificial saliva, even though the immersion group had a more acidic pH than the pH of distilled water. Artificial saliva was fabricated from a mixture of mineral salts using the McDougall method with a mixed composition of NaHCO<sub>3</sub> (58.80g), Na<sub>2</sub>HPO<sub>4</sub>.7H<sub>2</sub>O (48 g), KCl (3.42 g), NaCl (2.82 g), MgSO<sub>4</sub>.7H<sub>2</sub>O (0.72 g) and CaCl<sub>2</sub> (0.24 g) in 6 liters of distilled water. Artificial saliva with a normal pH, due to unperfect ionization process the solution does not produce H<sup>+</sup> and OH<sup>-</sup> ions, therefore fewer calcium ions are released rather than when the acid state has amount of H<sup>+</sup> ions, furthermore in a neutral pH state, the bioactive glass state becomes more stable than other conditions. furthermore, solutions with high viscosity are difficult to penetrate the bioactive glass particles in the bioactive composite resin. 21

The bioactive resin contains of bioactive glass which is composed of silica (SiO<sub>2</sub>), phosphorus pentoxide  $(P_2O_5)$  and boron trioxide  $(B_2O_3)$ . The silica network in bioactive glass is more open, therefore water molecules may penetrate to the resin more easily. Water molecules that penetrating may contact with the silica glass, subsequently an ion exchange process occurs between hydronium ions  $(H^+)$  with modifier ions Na<sup>+</sup> and Ca<sup>2+</sup> to form silanol or Si(OH)<sub>4</sub> caused by hydrolyzed silica. Furthermore, silanol undergoes a condensation process to form a gel layer on the silica surface. The gel layer formed does not function as a protector due to the open silica network allowing deeper penetration of water, causing degradation of the bioactive resin which result in the higher release of calcium ions in the bioactive glass.<sup>22</sup>

The immersion time also has a role in the ion release process. The longer the immersion is carried out, the greater the ion will be released. <sup>20</sup> Therefore, in this study the number of ions released during the 1-day immersion time was less than the 7-days immersion time.

Ideal restorative material with the ability to remineralization should rapidly neutralize the pH by ion releases.<sup>23,24</sup> Previous studies reported that as pH decreases, enamel demineralization depends on the level of calcium saturation. Enamel is arranged by hydroxyapatite (HA) structure composed of calcium and phosphate. For remineralization against early dental caries, HA is restored when pH is neutralized through saliva and calcium and phosphate supply. Remineralization by redeposition of minerals in calcium-deficient enamel can restore demineralized enamel. When saliva saturated with minerals such as calcium in the oral environment, remineralization is accelerated and calcium deposition in the enamel is higher. The higher the calcium ion released by the restorative material, the higher the calcium that can be deposited on the enamel therefore remineralization will be achieved quickly even in an acidic environment.<sup>23</sup> Within the limitations of this study, the following conclusions can be drawn there is an influence of lactic acid solution and artificial saliva on the amount of calcium ion release in bioactive resins. Immersion of bioactive resin in the lactic acid solution increase the calcium ion releases and artificial saliva decrease the calcium ion release compared to distilled water. This study attempted to approach the actual situation, which was put in an incubator with a temperature of 37 ° C to adjust to the actual state of the oral cavity.

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