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Flipbook "Sexual Harassment" as a Digital-Based Counseling Service Media for Elementary School Children

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Abstract

Education in Indonesia faces significant challenges related to three major issues known as the "three great sins of education," namely bullying, sexual violence, and intolerance. This article discusses the importance of sex education and sexual harassment prevention among students, particularly at the elementary school level. Through training with stages of planning, implementation, and evaluation in the form of a post-test questionnaire involving nine guidance and counselling teachers at SD IT Ukhuwah Banjarmasin, brainstorming methods and direct practice were applied to enhance understanding of sexual harassment and teachers' abilities to create digital-based service media, such as flipbooks. The training results showed an increase in participants' knowledge about sexual harassment issues and their ability to use flipbooks as a tool in counselling services. By utilizing technology, it is hoped that the younger generation can better understand and prevent sexual harassment actions, as well as create a safer and more supportive learning environment.

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INTRODUCTION

The education sector is one of the main pillars in shaping the quality of future generations. Amid efforts to improve educational quality, various challenges must be addressed immediately. Currently, there are three main issues commonly referred to as the "three great sins of education," namely intolerance, sexual violence, and bullying in educational environments. These three problems not only disrupt the learning process but also threaten students' psychological and social development.

The Indonesian Teachers' Union Federation recorded 17 cases of sexual violence in educational units in 2022 that reached the legal process. Although there was a slight decrease from 18 cases in the previous year, this number remains concerning. Based on the education level, sexual violence was recorded at various stages, including Elementary Schools (SD), Junior High Schools, Senior High Schools, Islamic boarding schools, madrassas, and music courses. The age range of the victims varies from 5 to 17 years, showing that children and teenagers are a vulnerable group to sexual violence in educational settings.

Schools, as the main educational environment after the family, should be safe and comfortable places for students to grow and develop (Ginanjar, 2017). However, the reality shows that schools are not always able to guarantee the safety of their students. Schools are crucial in educating children to meet their developmental tasks (Hasbullah, 2017). Therefore, the occurrence of sexual violence in schools can negatively affect the teaching and learning process as well as the growth and development of students (Asmita & Masril, 2022).

Sexual harassment can be perpetrated by anyone, both male and female. It can take various forms, ranging from direct requests for sexual intercourse to more subtle actions such as verbal or non-verbal harassment (Asrori & Ahmadi, 2024). Some forms of sexual harassment that may occur among students include sexual violence, verbal harassment, non-verbal harassment, peer harassment, harassment by older students, harassment by adults toward students, and pre-marital sexual relationships (Ayu & Dewi, 2019).

Considering that various forms of both physical and verbal harassment can occur anytime and anywhere, comprehensive preventive efforts are necessary. One important initial step is to provide information and knowledge to children about behaviours that lead to sexual harassment and teach them to feel empowered to report what happens around them (Freska, 2023).

Sex education provided from an early age can help children recognize and avoid inappropriate actions. Early childhood sex education is an important part of guidance and counselling as it helps children understand their bodies, recognize personal boundaries, and grasp the concept of privacy. Through guidance and counselling, children are taught about healthy and safe behaviours and how to report inappropriate actions so they can grow with the right understanding and be protected from potential harassment.

Guidance and Counseling (BK) plays a crucial role in this preventive effort, providing services that include preventing and handling sexual violence issues (Kemendikbud, 2021). This statement has been supported by research (Fauziah et al., 2024), which indicates that guidance and counseling plays an essential role in preventing and addressing sexual violence problems. The current rise in sexual harassment cases can be prevented by providing group counselling services using psychodrama techniques to enhance the understanding of sexual harassment.

Based on the results of a situation analysis and interviews with educators at SD IT Ukhuwah Banjarmasin, there is indeed a need for socialization about sexual harassment with language that is not vulgar but still acceptable for 11-12-year-old elementary school children. At this puberty age, they need to learn more about issues related to sexuality to anticipate situations that may lead to sexual harassment. So far, SD IT Ukhuwah Banjarmasin has implemented technology-based learning supported by adequate human and natural resources. However, this school has not yet used flipbook media in its guidance and counseling services.

Today's students, known as Generation Alpha, grow up in an era of advanced technology. They are accustomed to using technology daily and possess an open, transformative, and innovative mindset (Suhantono, 2021). Therefore, technology-based learning methods can be effective tools for delivering educational content, including education on sexual harassment. One innovative medium that aligns with the characteristics of Generation Alpha is the digital flipbook. A flipbook is a three-dimensional digital book containing text, images, videos, music, and animations, which can engage children's interest and help them understand the material (Utami, 2019).

This program aims to enhance the ability of guidance and counseling teachers to use digital media as an effective learning tool. A flipbook on preventing sexual harassment is expected to help students understand and anticipate inappropriate actions. With this

training, it is hoped that guidance and counseling teachers will be able to deliver sexual harassment education in a way that is engaging and in line with the characteristics of Generation Alpha students.

Along with the advancement of technology and the challenges in the education sector, using digital-based learning media such as flipbooks can be an innovative solution to deliver educational material to students and enhance the quality of guidance and counselling services in schools. Based on the results of a situation analysis and interviews with the partner, SD IT Ukhuwah Banjarmasin, there is a need for socialization about the "3 Great Sins of Education" and training in the creation of digital-based media to be applied in guidance and counseling services.

METHOD

The methods of this community service used in this activity are Brainstorming and Direct Practice. Sani (2013) explained that brainstorming is a technique used to quickly gather ideas from a group of people. This method is often used in creative problem-solving and can be used alone or as part of another strategy. Another strategy, direct practice, was also used in this training activity. The brainstorming method effectively stimulates enthusiasm and creates a pleasant atmosphere during group activities while developing each participant's creative ideas. The Direct Practice method was chosen to complement the Brainstorming method because it intensively uses language in communication. Direct practice also provides exercises related to the material being learned. After participants receive material and discuss sexual harassment, they immediately practice creating a flipbook as a digital-based media tool for Guidance and Counseling services.

The implementation of the activity consists of several stages, as follows:

(1) Planning: Discussions and analysis of the partner’s issues in implementing digital-based media (flipbooks) for Guidance and Counseling services.
(2) Implementation: Socialization and training on creating digital-based media for Guidance and Counseling services, attended by 9 Guidance and Counseling teachers and classroom teachers from SD IT Ukhuwah Banjarmasin.
(3) Evaluation: Participants were given a questionnaire (post-test) to measure changes after attending the training. Using the questionnaire for evaluation will be useful in identifying specific aspects to be measured, such as understanding of sexual harassment, the ability to use flipbooks, and confidence in using flipbooks. Before the material was given, a pre-test was conducted to assess the participants' prior understanding, attitudes, and skills related to the training content. This will allow for identifying any changes based on the post-test results at the end of the activity.
(4) Follow-up: After the training, the Guidance and Counseling teachers and classroom teachers are expected to provide Guidance and Counseling services and classroom lessons using flipbooks as a digital-based learning/teaching media. As part of the sustainability of this Faculty Service Program, several follow-up steps are implemented to ensure long-term benefits and enhance the capacity of teachers at SD IT Ukhuwah Banjarmasin. The planned follow-up includes periodic mentoring (tentative timing) to monitor the progress of training outcomes and the publication of the results of the Faculty Service Program in a reputable national service journal.

RESULTS AND DISCUSSION

Challenges in Education

Education in Indonesia faces significant challenges due to three major issues in the education sector, namely bullying, sexual violence, and intolerance. The impact of these issues not only hinders the creation of a positive learning environment but also causes

trauma that can last a lifetime for children. School is the second environment for individuals after family (Putro & Rachman, 2022).

This is in line with what (Hasbullah, 2017) stated, that the primary educational environment after the family is the school, where children are educated to grow, develop, and fulfil their developmental tasks. The school environment must be created to be a safe and comfortable place for students to pursue their education, especially as an effort to anticipate sexual harassment. If students experience this, it will impact their learning activities, growth, and development (Asmita & Masril, 2022).

Both men and women can perpetrate sexual harassment. It can take the form of a direct request for sexual intercourse or more subtle actions such as touching private parts, making inappropriate comments, or placing pornography in someone's possession (Desrilla et al., 2019). Some forms of sexual harassment that can occur among students include: 1) Sexual violence, 2) Verbal sexual harassment, 3) Non-verbal sexual harassment, 4) Peer-to-peer sexual harassment, 5) Sexual harassment by senior students, 6) Sexual harassment by adults to students, and 7) Pre-marital sexual activities by students (Ayu & Dewi, 2019).

Children need to be given information or knowledge early on so they understand which behaviours are considered sexual harassment and are taught to be open and brave enough to talk about what is happening around them (Wahyuni, 2016). This is an initial action to detect potential sexual behaviour by those around the child, so preventive measures from the school are necessary to reduce the incidence of such cases.

Role of Guidance and Counseling

Guidance and counseling is considered to play a vital role in this matter. The services provided in BK include preventive (prevention) and curative (intervention) services to address sexual violence at the elementary school level, where the implementation of BK services in schools is carried out by classroom teachers (Kemendikbud, 2021).

Guidance and counseling at the elementary school level plays an essential role in preventing sexual harassment by providing comprehensive education and supervision to students. BK can educate students about private body parts that must be protected and help them understand the concept of "good and bad touch," assisting them in recognizing boundaries and identifying situations that may be unsafe.

Importance of Sex Education

Sexual harassment in pubescent children can be prevented by providing a clear understanding of sex education (Hakim & Ayu, 2023). Sex education should be introduced starting from early childhood education, tailored to the developmental stages of children, as this is a preventive measure (Tabrīzī, 2003).

Teachers should be able to deliver appropriate sex education, one of which can be through a digital flipbook as a learning medium. A flipbook is a three-dimensional digital book that contains text, images, videos, music or songs, and animations (Utami, 2019). Thus, a flipbook falls into the category of digital books or eBooks.

Using engaging stories with illustrations in the flipbook is both an educational tool and an effort to instil moral values in students, particularly in the C-phase of elementary school (grades 5 and 6). At this C phase, an elementary school student begins to show signs of puberty, including an increased libido due to the maturation of reproductive organs (Sumanto, 2014). At this stage, it is crucial to provide education about sex, one of the benefits of which is to anticipate the occurrence of sexual harassment in schools. The PDWA Team Leader provides material on using Flipbooks for counselling services, as shown in Figure 1.

Figure1 The PDWA Team Leader provides material on using Flipbooks for counselling services

The implementation included socialization and training on creating flip books as a digital media tool for Guidance and counseling services for BK teachers at SD IT Ukhuwah Banjarmasin. This activity helped broaden their understanding of the "3 Major Sins in Education" and enhanced the teachers' ability to master technology, particularly in using it for BK services at school. Discussion of sexual harassment material and the practice of making flipbooks and Flipbook "Sexual Harassment" are listed in Figure 2.

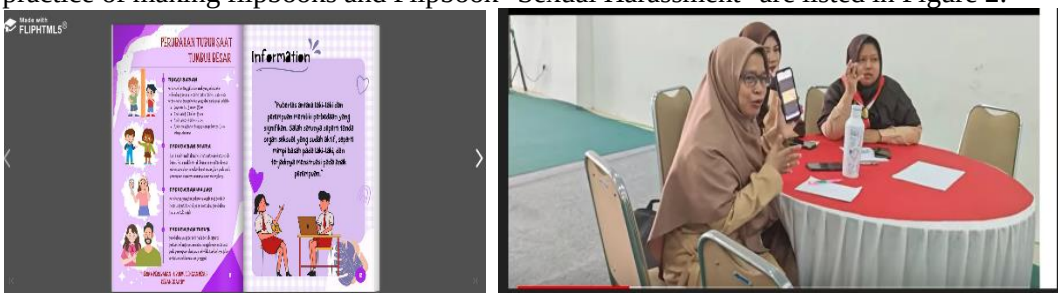

Figure 2 (a) Flipbook "Sexual Harassment" and (b) Discussion of sexual harassment material and practice of making flipbooks

The results of the socialization and training, based on the analysis of the pre-test and post-test questionnaires distributed to BK teachers, showed that in the pre-test, approximately 44.44% of participants already had a high or good understanding of Sexual Harassment but were not familiar with the use of flipbook media for BK services, especially in providing services related to preventing sexual harassment in elementary school students. Additionally, around 55.56% of participants were still in the medium category regarding their understanding of sexual harassment and the use of flipbook media for BK services or teaching.

After participating in the socialization and flip book training, there was a significant increase in understanding, reaching 100% of participants in the high category. This indicates that the internalization and delivery of material related to sexual harassment had a positive impact on increasing confidence and understanding of the benefits of using flipbooks as a medium for BK services in schools, particularly for elementary school students. Photo with training participants are listed in Figure 3.

Figure 3 Photo with training participants

The evaluation results of the PDWA implementation at SD IT Ukhuwah Banjarmasin showed that participants found the activity very useful. The theme of sexual harassment, which was the focus of this PDWA program, helped expand the teachers' knowledge of the "3 Major Sins in Education." Moreover, SD IT Ukhuwah Banjarmasin had never previously conducted socialization to prevent the "3 Major Sins in Education."

Technological-based learning methods can be an effective tool for delivering educational content, including education on sexual harassment. One innovative and suitable medium for Generation Alpha is the digital flip book. A flip book is a three-dimensional digital book that contains text, images, videos, music, and animations, making it engaging and helping children better understand the material (Utami, 2019).

The application of technology in delivering BK services can increase productivity and human performance. This is in line with Jalil (2021), who stated that technology facilitates and enhances human effectiveness, making individuals more productive in their work. Technology is also a result of human culture, stemming from human ideas that eventually lead to creations that support future life (Putro et al., 2023; Suwenda & Surtiyoni, 2022).

CONCLUSION

From the implementation of this PDWA program, it can be concluded that after participating in the socialization and flip book training, there was an improvement in the understanding of guidance and counseling teachers and classroom teachers regarding sexual harassment. This activity also enhanced the teachers' skills in creating digital-based BK media, making it easier for students to understand the material. This flip book becomes an effort to prevent sexual harassment and a technology-based media that is highly suitable for teaching Generation Alpha.

CONFLICTS OF INTEREST

The authors declare that there is no conflict of interest.

AUTHOR CONTRIBUTIONS STATEMENT

The author's contributions to this article are: PDWA Implementation Presenters, RRJ, S, MA, I, and MRR; Draft Article, RRJ, S, and HYSP; Article Revision, RRJ, S, and HYSP.

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