

Extracurricular Activities PMR (Red Cross Teen) at Banua South Kalimantan Bilingual Boarding High School Makes Students with Character

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Abstrak

Aktivitas ekstrakurikuler sangat berhubungan dengan nilai karakter. Nilai karakter merupakan sikap baik yang dimiliki seseorang. Hal ini tercermin dari aktivitas ekstrakurikuler PMR. Sejalan dengan konsep aktivitas ekstrakurikuler dan keterkaitannya dengan nilai karakter maka penelitian ini bertujuan untuk mendeskripsikan aktivitas ekstrakurikuler PMR SMAN Banua Kalimantan Selatan *Bilingual Boarding School* menjadikan peserta didik yang berkarakter. Pendekatan kualitatif digunakan dalam penelitian ini dengan metode deskriptif dan data yang didapatkan melalui observasi, wawancara dan dokumentasi. Data yang didapat direduksi, disajikan dalam bentuk teks deskriptif yang dilengkapi gambar dan tabel nilai karakter pada aktivitas ekstrakurikuler PMR yang selanjutnya dapat ditarik kesimpulan. Keabsahan data melalui triangulasi waktu, sumber dan teknik. Hasil penelitian aktivitas ekstrakurikuler PMR menjadikan peserta didik yang berkarakter dengan menanamkan nilai-nilai karakter kepada peserta didik.

Kata Kunci: Aktivitas Ekstrakurikuler, PMR, dan Nilai Karakter.

Abstract

Extracurricular activities are closely related to character values. Character values are good attitudes that a person has. This is reflected in Red Cross Teen's extracurricular activities. In line with the concept of extracurricular activities and their relationship to character values, this study aims to describe the extracurricular activities of Red Cross Teen Banua South Kalimantan Bilingual Boarding High School to make students with character. A qualitative approach was used in this study with descriptive methods and data obtained through observation, interviews, and documentation. The data obtained is reduced and presented in descriptive text equipped with pictures and tables of character values in Red Cross Teen extracurricular activities, which can be drawn to conclusions. The validity of the data through triangulation of time, sources, and techniques.

Keywords: Extracurricular Activities, Red Cross Teen, and Character Values.

PRELIMINARY

Extracurricular activities are educational activities carried out in spare time that aims to develop students' potential, talents, and interests through special activities carried out by

students and educators with the ability and authority in school (Yanti, 2016). Extracurricular activities are a place to channel and develop the interests and talents of students; extracurricular activities are educational activities carried out outside of class hours to help increase the interests and talents of students to educate (Arifah, 2018).

The implementation of extracurricular activities is a form of implementation of the activity implementation work program, which is described with an activity implementation plan to increase students' potential and grow character values (Narimo *et al.*, 2018). Extracurricular activities are learning experiences that have value for students' personalities. So that through extracurricular activities, students can increase their competence of students in cognitive, affective, and psychomotor aspects (Abidin *et al.*, 2018).

Every extracurricular activity familiarizes students to be skilled in organization, increase their insight, solve a problem in extracurricular, and grow and develop character values that students get through extracurriculars. Therefore, extracurricular activities support students to grow and increase character values. Character values are instilled in the school environment, especially in one of the extracurricular activities at school, namely Red Cross Teen extracurricular activities, so that students can improve and use their insights as well as learn the character values and noble character they get so that they can be realized in their daily behavior. Learners can apply the character values obtained in Red Cross Teen extracurricular activities in the community and the student's school environment. A student's character does not have to be formed in classroom learning but can pass through extracurricular activities where there are various character values in Red Cross Teen extracurricular activities (Handy *et al.*, 2020; Syaharuddin *et al.*, 2020)

The condition of the younger generation, such as students today, is that many are starting to lose their identity, respect, and cooperation and are less concerned about social and environmental issues. Eliminating the attitude of these students can be through character values. Character values are seen in various extracurricular activities, one of which is Red Cross Teen extracurricular activities that can be used to shape the personality of students based on character values. In South Kalimantan, especially in Banjar Regency, namely Gambut, there is Banua South Kalimantan Bilingual Boarding High School which has several extracurricular activities such as Red Cross Teen extracurricular. The Red Cross Teen extracurricular at this school is unique in training because male and female students have different training schedules, so the training of the two groups is not combined. Red Cross Teen extracurriculars teach about health and medicine. They can also be used to broaden horizons and instill character values so that students can utilize the value of Red Cross Teen extracurricular activities in behaving in

their surrounding environment. This study aims to describe Red Cross Teen's extracurricular activities at Banua South Kalimantan Bilingual Boarding High School with character.

METHOD

The approach used in this research is qualitative research with a descriptive method. Researchers use a qualitative approach to describe how Red Cross Teen extracurricular activities at Banua South Kalimantan Bilingual Boarding High School make students with character. Data collection was carried out during the observation stage of Banua South Kalimantan Bilingual Boarding High School. Interviews were conducted with informants, including Muhammad Khairullah and Sarmila as Red Cross Teen trainers, Delfa Rizqi Fajrina as general chairman and head of women's Red Cross Teen groups, and M. Riyad Ramadhani as head of men's Red Cross Teen groups. Annisa Fitriani as secretary, Syifa Salsabina, Nawwara Hayyana, Zarkani Ahmadi, M. Agusriansyah and M. Rayyan Ridhani as Red Cross Teen members. Interviews with research subjects among academics include the vice principal and curriculum, namely Sri Wantini. Evidence in documents also complements observation and interview data in photos of Red Cross Teen activities and profile documents of Banua South Kalimantan Bilingual Boarding High School.

The data analysis technique used refers to Miles and Huberman (Sugiyono, 2018), including data reduction following the research objectives, namely Red Cross Teen extracurricular activities make students with character. Furthermore, the data obtained are presented in descriptive text and are equipped with pictures of Red Cross Teen extracurricular activities and are supported by a table of character values in Red Cross Teen extracurricular activities. Furthermore, there is a conclusion or verification based on the formulation, so it can be concluded that Red Cross Teen makes students with the character through extracurricular activities. In efforts to check the validity of the data to determine the validity of the data obtained, triangulation is carried out. Triangulation of sources with different data sources, namely to trainers, general leaders, group leaders, secretaries, and the Red Cross Teen members. Triangulation is also used with different techniques, namely data from observations matched with interviews and evidenced by documentation.

RESULTS AND DISCUSSION

Extracurricular activities are educational activities carried out in spare time that aims to develop students' potential, talents, and interests through special activities carried out by students and educators with the ability and authority in school (Yanti, 2016). Extracurricular activities at Banua South Kalimantan Bilingual Boarding High School are carried out after learning activities in the classroom then extracurricular activities are carried out every

Wednesday and Friday. Every Wednesday, extracurriculars are held simultaneously except for the Scout extracurricular, which is held on Friday because extracurriculars are mandatory.

Red Cross Teen is one of the extracurricular activities in the red cross and humanity field. Red Cross Teen is a forum for developing and fostering youth members to build and develop the character of Red Cross Teen members based on the Tribakti Red Cross Teen and the seven principles of a redhead (Muna *et al.*, 2020). According to Gunawan in Nurasiah *et al.* (2018), Red Cross Teen is a place where students are trained to develop the red cross and educate students to become humane humans and carry out their duties in the red cross.

According to the Ministry of National Education in Red Cross Teen extracurricular activities' values are a social and environmental concern, healthy lifestyle, discipline, and independence (Nurasiah *et al.*, 2018; Handy *et al.*, 2020). These values are developed so that students become individuals who care about the surrounding environment, including the community and school environment (Mutiani, 2020;). In addition, Red Cross Teen has a task that Red Cross Teen members must carry out. This task is known as the Red Cross Teen tribakti. The Red Cross Teen Tribakti includes: 1) improving healthy living skills; 2) working and serving the community; and 3) strengthening national and international friendships (Muna *et al.*, 2020).

As a member of the Red Cross Teen, you must know the Basic Principles of the International Red Cross and the Red Crescent Movement. This principle is the guideline for all components of the movement. These principles include Humanity, Equality, Neutrality, Independence, Volunteering, Unity, and Universality. The Youth Red Cross is one of the preferred extracurriculars at Banua South Kalimantan Bilingual Boarding High School and was formed on 22 October 2015. The Red Cross Teen extracurricular at this school has a management structure. In the management of Red Cross Teen Banua South Kalimantan Bilingual Boarding High School, some trainers and chairpersons are assisted by the bids' secretary, treasurer, and secretaries. Red Cross Teen extracurricular activities served through one academic year, then divided into two semesters in each academic year. The implementation carried out in the odd semester includes blood donation and first aid activities. The even semester includes several activities such as a clean and healthy lifestyle, let's be prepared for disasters and social conflicts.

Red Cross Teen extracurricular activities, namely the school's efforts to shape the character of students to care about the surrounding environment, through material or theory presented by the trainer in Red Cross Teen extracurricular activities can foster character values for students, as explained by Diyah (2017) Red Cross Teen fosters a social care attitude to the

school environment, family, and community as well as increasing social caring relationships with others. Red Cross Teen extracurricular activities at Banua South Kalimantan Bilingual Boarding High School have a pattern that is divided into 3, namely:

First, Presentation of Material or Theory, namely the Red Cross Teen extracurricular trainer as a facilitator whose job is to deliver or develop the materials already in the Red Cross Teen manual. The trainers delivered materials to Red Cross Teen members such as Disaster Preparedness, Clean and Healthy Lifestyle, and Social Conflicts taught the trainers in the even semesters. When Red Cross Teen extracurricular activities occur, first, the trainer greets by saying greetings. After that, the trainer delivers the material and divides Red Cross Teen members into several groups. This is as explained by the Red Cross Teen trainer, Muhammad Khairullah.

Previously, I distributed Red Cross Teen members in several groups and then delivered material on a clean and healthy lifestyle to Red Cross Teen members. Red Cross Teen members discussed, then came forward to present the results of group discussions (interview on 19 February 2020).

The material presented by the Red Cross Teen extracurricular trainer is not only to be heard but to be applied in everyday life. For example, the material for a clean and healthy lifestyle asks students always to instill a clean and healthy life so they are not susceptible to dengue fever. This disease is caused by allowing garbage to be scattered and buried in the bedroom and can make mosquitoes breed.

Second, Practice or Practice, Where the Red Cross Teen extracurricular activity trainer provides training or practice to its members about first aid exercises or practices taught in odd semesters. For example, extracurricular Red Cross Teen teaches its members to focus on first aid practice in one odd semester. Red Cross Teen extracurriculars teach Red Cross Teen members like first aid exercises. First aid provides immediate assistance to victims who need essential medical treatment. So it is hoped that students will be more responsive and alert in all conditions. Zarkani Ahmadi (15) said that:

As Red Cross Teen members, we are always ready to take care of first aid during the flag ceremony on Monday, Sis. We Red Cross Teen members are on guard behind the ceremony participants, so we immediately provide Sis first aid if anyone has a headache and faints (interview on 17 February 2020).

Red Cross Teen members always provide first aid to students who complain of illness, such as students who faint during the flag ceremony; Red Cross Teen members give the first aid is to taking the students to the Polyclinic by applying eucalyptus oil on the neck, stomach and giving it a scent. Eucalyptus oil into the noses of students. In line with what Zarkani

Ahmadi said, according to M. Rayyan Ridhani (15), a member of Red Cross Teen Banua South Kalimantan Bilingual Boarding High School.

When we did first aid, we gave primary medical care; Sis, for example, when someone fainted, we immediately took the ceremony participants to the Polyclinic and gave eucalyptus oil so that the ceremony participants were aware of their fainting (interview on 17 February 2020).

Based on the information provided by M. Rayyan Ridhani, it was found that performing first aid and the Red Cross Teen member provided essential medical care to the ceremony participants who had fainted by taking them to the Polyclinic and also giving eucalyptus oil to make the ceremony participants aware of their unconsciousness. The trainer focused on teaching about first aid practice because, in the odd semester, the Red Cross Teen extracurricular participated in the JUMBARA activity held by PMI (Indonesian Red Cross) Banjar Regency. Because in JUMBARA activities, there are competitions, one of which is a first aid competition. Red Cross Teen members are taught by trainers how to splint, treat bruises and fractures and treat open wounds.

Third, Discussion and Evaluation, wherein Red Cross Teen, extracurricular activities are found in group discussions. This group discussion began with the trainer distributing paper containing materials for a clean and healthy lifestyle and giving instructions; the trainer also asked Red Cross Teen members to have group discussions to make wall magazine a clean and healthy way of life and then present it to the front. Sometimes evaluation in the This extracurricular Red Cross Teen trainer holds games like quiz games. Through this quiz game, the trainer gives value by seeing who is the fastest to answer the questions the trainer gives to the students.

Red Cross Teen extracurricular activities can shape its members to have character values. There are character values in the pattern of exposure to material or theory, practice or practice, and discussion and evaluation in this Red Cross Teen extracurricular activity. Therefore, this researcher describes the values contained in Red Cross Teen extracurricular activities at Banua South Kalimantan Bilingual Boarding High School. Understanding the values contained in Red Cross Teen activities can be used and applied to students' lives. Based on these three activities, the character values are described in table form as follows;

Table 1. Character Values in Red Cross Teen Ekstrak Extracurricular Activities

No	Red Cross Teen Ekstrak Extracurricular Activities	Character Value
1	- Presentation of the materials provided by the trainer to members of Red Cross Teen (Teenager Red Cross)	- Cooperation Value - Value of Responsibility - Discipline Value

No	Red Cross Teen Ekstrak Extracurricular Activities	Character Value
	<ul style="list-style-type: none"> - The trainer distributes groups to work together and discuss the material given by the trainer. - Each group works on and collects the results of their discussions to the trainer on time. 	
2	<ul style="list-style-type: none"> - When Red Cross Teen members take turns in the field health team and help friends who are not feeling well later, bring it to the Polyclinic. - Always mingle with fellow Red Cross Teen members when holding group discussions and presenting in front of friends. - Clean the surrounding environment so that it is always clean 	<ul style="list-style-type: none"> - Social Care Value - The Value of Caring for the Environment

Source: Researchers (data processed, 2022)

Character values such as cooperation, responsibility, discipline, the value of social care, and the value of caring for the environment are essential to be instilled in every person. Having the value of cooperation, the value of responsibility, the value discipline, the value of social care, and the value of caring for the environment will shape the character of Red Cross Teen members and have a positive impact on the future, both for themselves and for the people around them (Putra *et al.*, 2021). Therefore, with all kinds of Red Cross Teen extracurricular activities at Banua South Kalimantan Bilingual Boarding High School and its character values, Red Cross Teen members are expected to have these values and stick to them so that they can be applied in everyday life. The description of the value is presented as follows;

1. Cooperation Value

Cooperation can be interpreted as an effort made together to achieve specific goals. Thus, cooperation, cohesiveness, togetherness, and kinship will be established. According to Nurasih (2018), The value of cooperation is a joint effort in completing tasks. Then there is the value of cooperation in Red Cross Teen extracurricular activities at Banua South Kalimantan Bilingual Boarding High School. Some of the cooperative attitudes reflected in Red Cross Teen extracurricular activities include: working on the tasks given by the trainer together in groups, helping friends in a group in completing their tasks, and respecting the opinions and work of teammates (Syaharuddin *et al.*, 2020).

2. Value of Responsibility

Responsibility is a person's behavior always to be responsible for fulfilling obligations. Thus, each Red Cross Teen member is responsible for completing the tasks given by the coach, such as doing pickets and participating in competitions. According to the value of responsibility, a person's behavior to fulfill obligations for himself, society, the environment

(nature, social, and culture), the state, and God Almighty. Some of the attitudes of responsibility found in Red Cross Teen extracurricular activities are reflected in being on time when practicing and playing games, being able to work together with friends in a group, the task being a health team during the flag ceremony and the task of participating in competitions at the Banjar Regency level such as JUMBARA (Darmiatun *et al.*, 2013)

3. Discipline Value

Discipline is interpreted as a feeling of obedience and obedience to values that are felt to be a responsibility. Thus, the value of discipline is found in the presence of Red Cross Teen members during extracurricular activities; as one of the activities at Banua South Kalimantan Bilingual Boarding High School, Red Cross Teen activities apply various rules so that Red Cross Teen members have a disciplined attitude. According to Lickona in Faiz (2015), discipline teaches us not to obey the heart's will, which tends to do self-deprecating behavior or self-destructive pleasures; self-discipline guides us to teach good things for us (Hermansyah *et al.*, 2020).

Some of the disciplined attitudes reflected in Red Cross Teen's extracurricular activities include: Coming according to the specified schedule, doing the assignments given by the trainer, and collecting them on time. Discipline can change lives because with discipline, a person will be forced to change to find their qualities. Therefore, coming according to the schedule specified in the Red Cross Teen activity aims that Red Cross Teen members have a disciplined attitude towards time, do the tasks assigned by the trainer and collect them on time. Just in time. So it can be concluded that having a disciplined attitude will make Red Cross Teen members better and more disciplined with time.

4. Social Care Value

Social care is a behavior that arises based on concern for the surrounding environment. The value of social care behavior and actions is always wanting to give help to others in need (Darmiatun *et al.*, 2013; Putra, 2019). Social care is reflected in Red Cross Teen's extracurricular activities at Banua South Kalimantan Bilingual Boarding High School, namely helping other people who need help or assistance. For example, Red Cross Teen members are assigned to be the health team during the flag ceremony, and they are tasked with helping their friends when someone is sick during the flag ceremony.

5. The Value of Caring for the Environment

The value of caring for the environment is behavior and actions that always try to prevent and work hard to repair the natural damage. Red Cross Teen extracurricular activities at Banua South Kalimantan Bilingual Boarding High School reflect caring for the environment.

Namely, the trainer raises awareness among Red Cross Teen members about protecting the environment and teaches members to care about the surrounding environment, especially the school environment. In addition, red Cross Teen members look clean, collecting garbage scattered in the school environment (Darmiatun *et al.*, 2013; Mutiani, 2020; Handy *et al.*, 2020).

CONCLUSION

Banua South Kalimantan Bilingual Boarding High School is located at Jalan Ahmad Yani KM 17 Gambut, Banjar Regency, South Kalimantan. The establishment of Banua South Kalimantan Bilingual Boarding High School in 2011 was based on the initiative of H. Rudi Ariffin at that time. On Red Cross Teen extracurricular activities at Banua South Kalimantan Bilingual Boarding High School. The trainer instills character values in students through first aid materials, disaster preparedness, clean and healthy lifestyles, and social conflicts. There are several values: cooperation, discipline, responsibility, social care, and environmental care. Having the value of cooperation, responsibility, the value discipline, the value of social care, and value caring for the environment will shape the character of Red Cross Teen members and have a positive impact on the future, both for themselves and for themselves people around them. Therefore, with all kinds of Red Cross Teen extracurricular activities at Banua South Kalimantan Bilingual Boarding High School and its character values, Red Cross Teen members are expected to have these values and stick to them so that they can be applied in everyday life.

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